

Rangers Nation,

Thanks to everyone for supporting our teams this past week. Proud of the fight in sowed in the players. After some tough losses we are looking forward to getting back to work on Monday to get better. This week's word of the week is "Preparation". It is the week's Winning Edge and that is exactly what it is going to take to beat Stony Point during our HOCO week. The week will be an exciting one with our Homecoming Parade, Pep Rally, and Fireworks on Wednesday. Please see more details below in the agenda for the practices and events throughout this week. Unfortunately, this week JV Black will not have a game due to Stony Point dropping their JV B team.

On another note, this is a critical week academically. We are telling the players to have everything turned in (all zeros made up, and any test corrections, or extra credit) by Wednesday. The teachers will not be taking any of these assignments after Friday. There will be no miracle Monday. We cannot stress this enough with the players. Please take time to partner with us and ask your sons to show you their grades and assignments on the Home Access Center (HAC). The end of the six weeks grading cycle is September 20th.

Thursday Games:

5:00pm 9th Black vs Stony Point @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

7:00pm 9th Red vs Stony Point @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

JV Black NO GAME (Stony Point dropped their JV B Team)

5:00pm JV Red vs Stony Point @ Stony Point HS, [Online Tickets Link](#)

Friday Game:

7:00pm VAR vs Stony Point @ Gupton Stadium HOCO, Ticket sales available online (LISD Athletics) at 8 am Monday morning.

This week's practice times are listed below in the week's agenda. We need everyone to be in attendance and on time.

Blessings on your week.

Go Rangers!!!

Coach Scott & Staff

Player Game Day Meals:

Player game day meals are live. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance.

Varsity- <https://gameday.jasonsdeli.com/app/events/96CXN65M86>

JV- <https://gameday.jasonsdeli.com/app/events/39WHRY9EVY>

Freshman- <https://gameday.jasonsdeli.com/app/events/DC2R7TTDA2>

For game day meal questions please email Coach Hardy who oversees this. George.Hardy@leanderisd.org

Volunteers Needs for the Upcoming Weeks:

We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius link to many of our various events this week.

9/18/2024 Homecoming Trailer Decorating Help (SignUpGenius will be posted Monday)

9/19/2024 Sub-Varsity Concessions <https://www.signupgenius.com/go/9040444ABA628A3FF2-50909387-2024>

9/19/2024 Sub-Varsity Game Chains <https://www.signupgenius.com/go/4090F4AAEAD2CA4F94-50914797-2024>

9/22/2024 Coaches Weekend Game Planning Lunch
<https://www.signupgenius.com/go/9040444ABA628A3FF2-50678652-lunch>

Homecoming Parade Prep:

We are excited about the Homecoming Parade coming up on this Wednesday, Sept 18th. This special event includes a parade from VRHS to Gupton Stadium, a community pep rally, and a fireworks show to end the festivities. Please see parade event times in the agenda below.

Candy Bag Donations – If you are able. We are looking for candy bag donations for our Homecoming Parade on Wednesday 9/18. Candy will be distributed throughout the parade route. If you are able, please add a bag to your grocery list this week. Players can drop bags off in the field house by the coach's office. Thank you for your support of this special community event.

Varsity Team Dinner this Thursday (Varsity Only Event):

Varsity Team Dinners for 2024 Season:

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link <https://form.jotform.com/232057638763160> to pay for your son's full season of varsity team dinners. You can also pay week to week. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to **sponsor a varsity team meal**, please email vistaridgevarsitymeals@gmail.com

Team Communication App

*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

Football Weekly Agenda (9-16), vs Stony Point HS (Homecoming Week)

Monday (Family)

(OL Locker Room/Cafeteria)

Before School:

5:20am JV/VAR Players Report

5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (15 Min)

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9th Report

7:30am 9th Weights, Practice

Athletic Period:

9th - continue practice, RT: Large Study Hall

VAR - Weights / FB – Shell (Grass)

JV - FB Special Teams/Team (Grass) / Weights

Study Hall – Large SH

After School:

3:45pm VAR Special Teams SR Meeting (Small SH)

3:55pm VAR Position Meetings/Film Study, 4:30pm End

Tuesday (Character)

(DL Locker Room/Cafeteria)

Before School:

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall, Academic Check In

JV/VAR – Pract. FB & Special Teams - Shell (Turf)

Study Hall – Large SH

After School:

3:50pm VAR Position Meetings/Film Study, Academic Check In, 4:30pm End

Wednesday (Toughness)

(LB/H/TB/QB Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due

***Players have all missing assignments, zeros, test corrections, extra credit done

Before School:

7:15am 9th Report

7:30am 9th Weights / Practice

Athletic Period:

9th - continue practice, RT: Study Hall

VAR - Weights / FB - Shell (Grass)

JV - FB Team & ST (Grass) / Weights

Study Hall – Large SH

After School:

4:00pm JV/VAR Shell Practice & ST, Winning Edge

Post Pract: Specialties, JV Equipment Ck & Jerseys Issue

****Homecoming Parade 6:45pm:**

9th Arrive 5:45pm, Issue Jerseys, Mat Room Stage, Parade Expectations

VAR/JV, Issue Jerseys, Study Hall Stage, Parade Expectations

Parade Starts at approx. 6:45pm and heads to Gupton for a Community Pep Rally followed by Fireworks.

Post Parade – VAR players walk the field to pick up candy wrappers. All players walk back to VRHS Locker room to turn in jerseys.

We anticipate that fireworks start at approximately 8:00 pm – 8:15 pm

Players can be picked up at VRHS after the Pep Rally. Be prepared for traffic congestion.

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria)

*Varsity Game Day Sandwich Deadline Orders Due

8:00am 9th Report

8:15am 9th Game Day Walk Throughs (Turf)/Equipment Cks/Jersey Issue

Athletic Period:

9th - continue practice, RT: Study Hall

JV – Game Day Walk Throughs (Grass)/Equipment Issues

VAR – Specialties/Game Day Pregame Routine/Play the Game Script (Turf)

Study Hall – Large SH

After School:

4:05pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF
VAR Team Meal, [\\$5 VAR Dinner Link](#) – Study Hall, Birthdays, Support Sub-Varsities
5:00pm 9th Black vs Stony Point @ Ranger Stadium
7:00pm 9th Red vs Stony Point @ Ranger Stadium
JV Black NO GAME (Stony Point dropped their JV B Team)
5:00pm JV Red vs Stony Point @ Stony Point HS

Friday (Payday)

(WR Locker Room/Cafeteria)

Before School

7:15am Varsity Elementary School Visits/Greeters/Car Line Door Openers
7:45am Varsity Report & Pack Travel Bags/Load Trailer
8:00am 9th Report

Athletic Period

9th AP: Weights & Film Study
9th Study Hall: Cafeteria
Ranger Time – Study Hall
JV: Hard Hat Ceremony/Yoga/Weights/Film Study/Clean Locker Room/Jersey Hang Ups
VAR: Velo. Lift/ST Meeting/Off. Walk Through/Def.
V/JV SH – Large SH

After School

*See Game Day Agenda

Saturday

Players Off – No Practice
VAR Treatments – 9 am
*Homecoming Dance 8pm – 11pm @ VRHS

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Looking Ahead:

Monday (Teacher/Staff PD/No School)

(OL Locker Room/Cafeteria)

5:20am JV/VAR Players Report
5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (15 Min)
6:00am JV/VAR Full Pads Practice & Special Teams (Turf)
8:00am JV/VAR Parent Pick Up
*9th Grade Only Off – No Practice (9th Practices will resume on Tuesday)
Teacher/Staff Inservice