

Ranger Nation,

Thank you to everyone who was able to come out and support the Rangers this past Thursday for the varsity portion of our scrimmage against East View High School. We were bummed the sub-varsities got cancelled but know they will be ready to go this week. The guys continue to put in the work needed to improve week to week. We are set to start the season with our first week's opponent, Killeen HS. Sub-varsity games against Killeen will be on Wednesday and the varsity game will be on Thursday night. The Killeen coach also informed me this weekend that they will not be able to field a JVB team. Our staff is currently looking for another team to play for our JV Black team. We will be in touch as soon as we can find a game or not. Game times and locations can be found below.

Wednesday Games:

5:00pm 9th Black vs Killeen @ Ranger Stadium, Ticket sales available online (LISD Athletics) at 10 am Monday.

7:00pm 9th Red vs Killeen @ Ranger Stadium, Ticket sales available online (LISD Athletics) at 10 am Monday.

***JV Black (We are currently looking for a team to play as Killeen informed us they will not be able to field a JVB team. Game this week for JVB TBD.)**

6:00pm JV Red vs Killeen @ Leo Buckley Stadium, (We will post the Killeen ticket link as soon as it becomes available)

Thursday Game:

7:00pm VAR vs Killeen @ Gupton Stadium, Ticket sales available online (LISD Athletics) at 10 am Monday

Player Game Day Meals:

Player game day meals are live and can be ordered. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance.

9th - <https://gameday.jasonsdeli.com/app/events/RNU97DATVP>

JV - <https://gameday.jasonsdeli.com/app/events/5MVZJ7R4AH>

Varsity - <https://gameday.jasonsdeli.com/app/events/29P7H96KAD>

For game day meal questions please email Coach Hinson who oversees this. Jake.Hinson@leanderisd.org

This week's practice times are listed below in the week's agenda. We need all players to be in attendance and on time for practices. We have a great game plan for Killeen and are excited to get going on Monday morning.

Please Help by Signing Up to Volunteer for this Week's Upcoming Events:

We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius links to many of our events this week and next week. Please take time to look them over and consider signing up to help. We would love to have a couple of hours of help from each football family. We appreciate your help and dedication to your son's football program.

- 8/28 Varsity Game Merchandise

[Sign Up Here](#)

- 8/27 Freshman Concessions

[Sign Up Here](#)

- **9/3 JV Concessions**
[Sign Up Here](#)
- **8/27 Freshman Chains Crew**
[Sign Up Here](#)
- **9/3 JV Chains Crew**
[Sign Up Here](#)
- **8/30 Coaches Weekend Game Planning Working Lunch** – Signing up for a meal allows our coaching staff to have a working lunch and finish game planning in a reasonable time to get home to our families. We are thankful for any meal that you are able to provide. Our game planning sessions may be either Saturdays or Sundays depending on the week. A special thank you from our coaching staff and families. [Sign Up Here](#)
- **8/27 Dads & Decals** – Deserts (Varsity Only Event) [Sign Up Here](#)

Player Game Day Polos:

Game Day Polos are required for each player to wear on their specific game day. There is a sub varsity polo and a varsity polo.

Deadline to order: Purchase link closes September 13

Delivery: Orders will be given to coaching staff to be distributed to boys before the first game during athletic period or as your order is placed.

<https://vistaridgefootball.com/game-day-shirts/>

Dads and Decals (Varsity Only Event):

***Varsity - [Dads and Decals Event](#)**, Wednesday, 8/27 @ 4:15pm (Team Meeting, Guest Speaker, Food, Decals, Large Athletic Study Hall)

Dads or father figures, feel free to arrive when you can. You are welcome to attend from 4:15pm until we finish stickering up the helmets. Arriving later than 4:15pm is just fine.

Senior Night:

Welcome to Ranger Senior Night at Gupton Stadium. We will be recognizing seniors in a ceremony before the varsity game on Thursday night. I want to thank our senior football parents for trusting us with their most prize possession, and for doing such a great job raising them into the young men they are today.

Our coaching staff wants to thank our senior players for buying into our core values as a program and taking the program to the next level. The way these seniors have worked and handled themselves the last 4 years has impacted our school and community in many ways. We are proud of all their accomplishments over the past four years and are looking forward to a great final high school season.

This pre-game ceremony is about recognizing seniors, but it is also a night about our players being thankful for those that have impacted them as well. We are thankful to our seniors and everyone that has taken the time to be a positive influence in their lives.

Senior parents, please read through the details and information about this ceremony on the link above. Senior Night will take place on Thursday, August 28th, just prior to the game. Senior players were emailed a form to fill out regarding senior night. I encourage senior parents to sit down with their sons to help them fill this form out by the end of the day Tuesday. This will help guide in the development of the script for this ceremony. Here is the agenda for the ceremony. [Agenda for Senior Night](#) We are looking forward to seeing everyone on Thursday.

Enjoy the week.

Go Rangers!

Coach Scott & Staff

*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

Football Weekly Agenda (8-25), vs Killeen HS

Monday (Family)

(OL Locker Room/Cafeteria)

Before School:

5:20am JV/VAR Players Report

5:45am JV/VAR Scouting Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:30am 9th Report

7:45am 9th Weights, Practice

Athletic Period:

9th - continue practice, RT: Study Hall

VAR - Weights / FB Shell – Grass

JV - FB Special Teams/Team - Grass / Weights

Study Hall – Large SH

After School:

3:45pm VAR Special Team Meeting (Small SH)

4:00pm VAR Team Meeting (Large Study Hall), Position Film Study, 4:30pm End

*VRHS Open House 6:30pm

Tuesday (Character)

(DL Locker Room/Cafeteria)

Before School:

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams

7:30am 9th Report

7:45am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall

JV/VAR – Pract. FB & Special Teams Shell - Turf

Study Hall – Large SH

After School:

3:45pm VAR Position Meetings/Film Study, 4:30pm End

Wednesday (Toughness)

(LB/H/TB/QB Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due by 5pm

Before School:

8:00am 9th Report

Athletic Period:

9th – Practice Game Day Walk Throughs/Jerseys/Equipment Checks, RT: Study Hall

VAR - Specialties/Game Day Pregame Routine/Play the Game Script (Turf)

JV - Equipment Ck/Game Day Walk Throughs (Grass)/Jerseys

Study Hall – Large Study Hall

After School:

Sub-varsity (9th/JV) Game Day Routine and Prep

4:15pm [Dads & Decals](#) VAR Team Meeting (Large Study Hall), Teacher Letters, Guest Speaker, Game Goals
OFF/DEF, Support Sub-Varsities

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Thursday (Relentless Effort)

Pep Rally Schedule

(DB/Sams Locker Room/Cafeteria)

Before School

7:45am Varsity Report & Pack Travel Bags/Load Trailer, Pep Rally

8:00am 9th Report

Athletic Period

9th AP: Weights & Film Study

9th Study Hall: Large Athletic SH, Ranger Time – Study Hall

JV: Hard Hat Ceremony/Yoga/Weights/Film Study/Clean Locker Rooms

VAR: Velo Lift/ST Meeting/Off. Walk Through/Def. B & Alignment (Then Switch)

V/JV SH – Study Hall

After School

*See Varsity Game Day Agenda

Friday (Payday)

(WR Locker Room/Cafeteria)

Before School

7:45am Varsity Report & Pack Travel Bags/Load Trailer, Pep Rally

8:00am 9th Report

Athletic Period

9th AP: Weights & Yoga

9th Study Hall: Cafeteria, Ranger Time – Study Hall

VAR/JV: Weights/Film Study

V/JV SH – Study Hall

After School

Players Off – No Practice

Saturday

Players Off – No Practice