

Ranger Nation,

Thank you to everyone who was able to come out and support the Rangers this past Thursday for our scrimmage against Westwood High School. The guys continue to put in the work needed to improve week to week and we are pleased with their progress at this point. We are set to begin the season with our first week's opponent, Lake Belton HS. Sub-varsity games against Lake Belton will be on Wednesday, and the varsity game will be on Thursday night. Game times and locations can be found below.

Wednesday Games:

5:00pm 9th Black vs Lake Belton @ Lake Belton HS Stadium, ([Lake Belton ticket link](#))

7:00pm 9th Red vs Lake Belton @ Lake Belton HS Stadium, ([Lake Belton ticket link](#))

5:00pm JV Black vs Lake Belton @ Ranger Std (Ticket sales available online (LISD Athletics) at 10 am Monday.)

7:00pm JV Red vs Lake Belton @ Ranger Std (Ticket sales available online (LISD Athletics) at 10 am Monday.)

Thursday Game:

7:00pm VAR vs Lake Belton @ Tiger Stadium, ([Lake Belton ticket link](#)) *Be sure to purchase away side tickets.

This week's practice times are listed below in the week's agenda. We need all players to be in attendance and on time for practices. We have a great game plan for Lake Belton and are excited to get going on Monday morning.

Blessings on your Week!

GO RANGERS!!!

Coach Scott & Staff

Player Game Day Meals:

Player game day meals are ready to order for this week. The deadline to order will be 24hrs prior to your son's game. There will be three links: 9th, JV, and Varsity. Remember that 9th & JV meals arrive on sub-varsity game days and Varsity meals arrive on the varsity game days. All meals will be delivered to VRHS by Jason's Deli and the coaches will distribute the meals to those that order one. Each meal box will be labeled with your son's name. Please know that this is an optional service that is provided. If players want to bring their own meal that is fine as well. Should you have any pre-game meal questions please contact Jake.Hinson@leanderisd.org

Jason's Deli Pre-Game Meal Instructions to Order:

<https://drive.google.com/file/d/1uDx-WEgcI81JewTno1UZHQQNXWoAt65N/view?usp=sharing>

Freshman- <https://gameday.jasonsdeli.com/app/events/6AAAJ2P9U8>

JV- <https://gameday.jasonsdeli.com/app/events/HXA25AZN7P>

Varsity- https://gameday.jasonsdeli.com/app/events/V4A8UH36YR_

Please Help by **Signing Up to Volunteer for this Week's Upcoming Events:**

We are excited that the 2026 football season is upon us. As we look to open up the season this week, we are in need of some help in many areas. Please click the link to our newly upgraded booster club website. Please take a minute to look through the various **volunteer and support opportunities** for not only this week's games against

Lake Belton, but many of our future games as well. It truly takes a village. Our boys are blessed to have such great support and encouragement here in Vista Ridge, Texas. Please sign up to ensure we have coverage for each area listed. <https://vrhs-football.org/>

(Opportunities include, concessions, spirit, merchandise, chains, and many other opportunities to plug in and help)

Player Game Day Polos:

Game Day Polos are required for each player to wear on their specific game day (sub-varsity or varsity). There will be a sub varsity polo and a varsity polo for purchase.

Deadline to order: Purchase link closes September 19

Delivery: Orders will be given to coaching staff to be distributed to boys before the first game during the athletic period or as your order is placed.

<https://vistaridgefootball.com/game-day-shirts/>

Dads and Decals (Varsity Only Event):

***Varsity -** Wednesday, 8/26 @ 4:15pm (Team Meeting, Guest Speaker, Food, Decals, Large Athletic Study Hall)

Dads or father figures, feel free to arrive when you can. You are welcome to attend from 4:15pm until we finish stickering up the helmets. Arriving later than 4:15pm is just fine.

Football Booster Club Meeting: General Planning Meeting

When: Tuesday, August 25th

Location: Large Study Hall at VRHS

Time: 5:30pm

Team Communication App:

*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5VZMMH22**

Football Weekly Agenda (8-24), vs Lake Belton HS

Monday (Family)

(OL Locker Room/Cafeteria)

Before School:

5:20am JV/VAR Players Report

5:45am JV/VAR Scouting Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:30am 9th Report

7:45am 9th Weights, Practice

Athletic Period:

9th - continue practice, RT: Study Hall

VAR - Weights / FB Shell – Turf

JV - FB Special Teams/Team - Turf

Study Hall – Large SH

After School:

3:45pm VAR Special Team Meeting (Small SH)

4:00pm VAR Team Meeting (Large Study Hall), Position Film Study, 4:30pm End

*VRHS Open House 6:00pm (*Please note that because we have already had our football parent meeting there is not need to come by FB Athletics during open house unless you have a question or just would like to say hello.)

Tuesday (Character)

(DL Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due by 2:30pm

Before School:

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams

7:30am 9th Report

7:45am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall

JV/VAR – Pract. FB & Special Teams Shell - Turf

Study Hall – Large SH

After School:

3:45pm VAR Position Meetings/Film Study, 4:30pm End

*FB Booster Club Meeting 5:30pm

Wednesday (Toughness)

(LB/H/TB/QB Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due by 2:30pm

Before School:

8:00am 9th Report

Athletic Period:

9th – Practice Game Day Walk Throughs/Jerseys/Equipment Checks, RT: Study Hall

VAR - Specialties/Game Day Pregame Routine/Play the Game Script (Turf)

JV - Equipment Ck/Game Day Walk Throughs (Grass)/Jerseys

Study Hall – Large Study Hall

*9th get out of class 2:30pm email, Leave time 3:15pm

After School:

Sub-varsity (9th/JV) Game Day Routine and Prep

4:15pm **Dads & Decals** VAR Team Meeting (Large Study Hall), Teacher Letters, Guest Speaker, Game Goals
OFF/DEF, Support Sub-Varsities

Wednesday Games

5:00pm 9th Black vs Lake Belton @ LBHS Stadium

7:00pm 9th Red vs Lake Belton @ LBHS Stadium

5:00pm JV Black vs Lake Belton @ Ranger Stadium

7:00pm JV Red vs Lake Belton @ Ranger Stadium

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria)

Before School

*7:05am Community Outreach - Varsity players at elementary schools as greeters and door openers

7:45am Varsity Report to Pack Travel Bags/Load Trailer

8:00am 9th Report

Athletic Period

9th AP: Weights & Film Study

9th Study Hall: Large Athletic SH, Ranger Time – Study Hall

JV: Hard Hat Ceremony/Weights/Film Study/Clean Locker Rooms

VAR: Velo Lift/ST Meeting/Off. Walk Through/Def. B & Alignment (Then Switch)

V/JV SH – Study Hall

After School

*See Varsity Game Day Agenda

Friday (Payday)

(WR Locker Room/Cafeteria)

Before School

8:00am 9th Report

Athletic Period

9th AP: Weights/Yoga

9th Study Hall: Large SH

Ranger Time – Study Hall

VAR/JV: Clean Var Locker Room then Weights/Film Study

V/JV SH – Study Hall

After School

Players Off – No Practice

Saturday

Players Off – No Practice